



Adult Cats: 1-8 Years

Healthcare Service	Adult Cats: 1-8 Years
Purpose	During the young adult years, emphasize the importance of weight management, dental care and other preventive healthcare measures. Behaviour counselling, including proper litter box management and meeting all environmental needs, should continue to be a part of every veterinary visit
Physical exam and consultation	Perform at least once a year
Pain assessment and management	Evaluate for the presence of pain and the need for analgesia at every exam
FeLV/FIV test	Test all sick, at-risk and cats of unknown status
Disease screening	Conduct blood tests, urinalyses, blood pressure measurement and fundic examination if cat is ill or injured
Panleukopenia, herpes virus-1, calicivirus (FVRCP) vaccination	Administer a booster one year after initial series in kittens If no previous vaccination: Administer first dose, booster 3-4 weeks later Subsequent inoculations: Revaccinate every 3 years unless a high risk of exposure warrants more frequent vaccinations (e.g., frequent boarding) Administer at or below right elbow Recommended for all cats
Rabies vaccination (as regionally appropriate)	Administer a booster one year after initial kitten vaccination If no previous vaccination: Administer a single dose Subsequent inoculations: According to manufacturer's guidelines Administer at or below right stifle Recommended: <ul style="list-style-type: none"> • For cats with outdoor access including balconies • In regions with risk of exposure via wildlife, such as bats, foxes, skunks, etc. • Where required by municipal or provincial by-laws • For cats travelling to other countries
Nutritional Assessment	Evaluate diet and feeding practices for cat's life stage, life style and health condition(s) Measure weight, body condition score and muscle condition at every visit; determine cat's ideal weight Make a specific recommendation verbally and in writing for food, dose and frequency

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Fecal examinations	<p>Evaluate at least annually</p> <p>Fecal centrifugation floatation techniques with zinc sulfate or modified Sheather's sugar solution are considered most reliable.</p> <p>Purpose after 1 year of age is to assess compliance with regular administration of broad-spectrum parasiticide</p>
Parasite control	<p>Year-round or seasonal monthly administration of a broad-spectrum parasiticide effective against heartworm, intestinal parasites and fleas should be instituted for cats based on their risk of infection</p> <p>If cat is not receiving monthly broad-spectrum parasiticide, prophylactic deworming 2-4 times per year is recommended</p>
Feline Leukemia (FeLV) vaccination	<p>Administer a booster one year after initial kitten series</p> <p>If no previous vaccination: Administer a first dose, followed by booster 3-4 weeks later</p> <p>Subsequent inoculations: High-risk cats: Revaccinate every year Low-risk cats: Revaccinate every 2 years Cats at no risk: Revaccination not needed</p> <p>Administer at or below left stifle</p> <p>All kittens should be vaccinated, even if intended to be indoors, and boosted at one year</p> <p>High-risk cats: Free-roaming cats, those with cat bite injuries, or cats living with FeLV positive cats</p> <p>Low-risk cats: Those that go to boarding facilities, cats with limited outdoor access, cats with minimal risk of contact with other cats, indoor cats with housemates that go outside</p> <p>Cats at no risk: Indoor-only single cat or indoor cats living with other cats of known negative FeLV status</p>
Grooming and nail care	<p>Demonstrate nail trimming procedure and trim nails at every visit</p> <p>Discuss the importance of scratching behavior and locations and types of scratching posts</p> <p>Discuss importance of regular brushing or combing, especially for long-haired cats</p> <p>Onychectomy should be considered a last resort</p> <p>Tendonectomy is never recommended</p>
Permanent identification (microchip +/- tattoo, collar and tag)	<p>Scan the cat each visit to verify the location and function of microchip, update the owner's contact information in the microchip database</p>